



BCA NEWSletter



Principal's Corner

Internet Safety

Simple surfing and instant messaging with friends are common activities for kids and generally safe, if parents have discussed rules of use with them. However, kids whose Internet activity isn't monitored are the most at risk for being exploited by strangers.

Police working in the area of Internet Safety have the following recommendations:

- * Keep the computer in a common room in the house, rather than in your child's bedroom.
- * Take an interest in the sites your child is visiting and the people with whom they are chatting (some shady characters pose as kids or teens in chat rooms to seem less threatening).
- * Warn your child never to give out any personal information (phone number, name, address, school name, etc.), share any personal photographs or agree to meet anyone in-person they meet in a chat room.
- * Urge your child to introduce you to any new "friends" they meet online and to tell you if they ever feels uncomfortable about conversations that take place.
- * Most important, talk to them about the dangers of interacting with strangers online and remind them that people online often don't tell the truth.

Police also recommend that parents maintain access to young kids' online accounts and randomly check their email. Finally, you can use parental controls offered by your internet service provider or through blocking and filtering software.



Field Trips

PUDA Bhawan: *(by Sherry)*

On September fifth, we went on our first field trip to the City Planning Office in PUDA Bhawan. We went to PUDA Bhawan because it was Labour Day in Canada. There we met Dr.Ghuman and Mr.Gurjit who gave a presentation showing what the new British Columbia Academy was going to look like. The presentation was put together in a clear, simple way—perfect for someone who doesn't know a lot about planning. After the presentation, they gave us refreshments. We then asked questions about their work and were given a tour of their office, including maps that they made of the city. Then, they showed how to create a map on the computer, using their high-tech printer and satellite pictures which were very interesting and educational. It was a very nice experience and we all enjoyed it a lot.

Financial Administration: *(by Hanna)*

On September fifth, Canada's official Labour Day, the whole school, including students and staff, went to a financial administrative department. It was very educational and interesting. We got to ask questions to the employees and discovered that they were all keen about their profession by the way they answered our questions with enthusiasm. On behalf of all the workers, they welcomed us warmly and graciously treated us to snacks to munch on, while listening and learning about each individual's position. Everyone enjoyed it.

War Memorial: *(by Navan)*

We went to the war memorial on Monday Sept 19th, 2011 and there we met Captain Bikramjit Singh who was in the army. He was awarded the Shaurya Chakra award, which is the third highest award conferred by the President of India, for gallantry beyond the call of duty. Mr. Captain received most of education from Chandigarh before he joined the army. The Captain told us why he joined the army and what his job in the army was. We all had the opportunity to ask questions about the different wars, which chemicals or weapons were used, what the procedure was for joining the army, how it felt to be in the army and how India got its independence. After his talk we walked around and saw the names of the people on the wall who gave their lives for the independence of India. We all thanked the Captain for giving his time to tell us about all these various things and I also thanked my teachers and principal who organized this trip.

Field Trips and Invited Guests

On the 13th of September we had the privilege to have Prabhjot Singh of the Tribune Newspaper at B.C.A. Mr. Singh, who is very familiar with the Canadian political system, talk to the Grade 10's and 11's about the role of Indo-Canadians in Canadian politics. He also helped the Grade 11's understand the Canadian political concepts in preparation for their Social Studies unit test. Mr. Singh is currently writing a book about the history and role of Indo-Canadians in the Canada's political system. He was a fascinating and very knowledgeable speaker and the class enjoyed his visit very much.

George Jacob and the Wonders of the Museum World by Joy

George Jacob is an internationally sought-after museum professional. He has worked for the last twenty years in this field and is the founding director of three museums. He has served on professional museum boards and has been on the faculty for Museum Studies and Business Administration at many different universities. He is also the founder of the only global professional magazine dedicated to museum exhibit design, production and architecture, called 'Museum Design.'

George Jacob has also written two books – 'Museum Design: The Future' and 'Exhibit Design: The Future.' He is an artist, a sculptor, a museum planner, a creative designer, and an entrepreneur. He was also honored to be the Project Director for the production of the original Star Spangled Banner's permanent exhibit, which is the Smithsonian's most treasure national icon. (<http://www.sikhchic.com/article-detail.php?cat=8&id=1609>)

The students of BCA have had many lectures and presentations over the last few years and have enjoyed the information given. However, no BCA student imagined the vault of knowledge, wide as the glories of space and deep as the heart of Marianas Trench, they would be exposed to when Mr. George Jacob opened the classroom door. To an ignorant eye, he was just an ordinary man, wearing good clothes and carrying around a Vaio laptop and a Nikon DSLR camera. Nevertheless, the moment he began talking, he cast a spell upon each student with his searing intellect, witty humor, and mind-boggling information.

Honestly, museums have been on the list of things that I would liked to enjoy but have not found that fascinating. It seemed like something someone like me would find intriguing but I have not. However, when George Jacob began to talk, all of that changed. The word 'museum' jumped from sitting in the fifties or sixties in the "Things I Enjoy List," in my mind, to the top ten; and his PowerPoint Presentation suddenly proved its importance and beauty. Each of his colorful slides stood out with pictures I had never seen and words with information I had never heard. He spoke about *The Guggenheim*, the *Canadian Museum of Civilization*, the *National Gallery of Canada*, the *Canadian Museum of Human Rights*, the *National Museum of Saudi Arabia*, *The Royal Ontario Museum*, the *Louis Vuitton Fashion Museum*, the *Contemporary Arts Centre* in China, the *Porsche Museum*, the *Harley-Davidson Museum*, the *Mercedes Benz Museum*, the *King Abdul Aziz Museum of Knowledge and Culture*, the *Museum of Transportation*, the *Grand Egyptian Museum*, the *Art and Science Museum* in Singapore, and many others. Thank you Mr. Jacob for this amazing experience!

Poetry Section

My Life :

If you could care,
just a little,
and give me a shoulder
and a warm hug...
my heart would live
with your support
and there's be no reason
for the end of my life.

If you could listen,
just a little,
and pitch in with small words
and some comfort...
my heart would live
with your support
and there'd be no reason
for me to cry.

written by Jyoti Hans

School Life

School is a daily routine for us
In the morning, we're sure to make a fuss
Even when the sun is still not up,
Here we are, awake at 6am sharp

We feel that school is such a bore
We feel that school is such a chore
Parents say, "School's great! Now, go!"
We say, "Well, what do you know?"

Late a minute and we have to run
Eyes half open, shoelaces undone
We reach school and we see our friends,
Immediately, the torture ends

We have a chat and go with the flow
Then the bell rings, it is time to go
We may at times find school stressful
To have some fun, we have to bend some rules

Talk back to teachers, and detention we serve
, No doubt, it is sometimes what we deserve
Sometimes they are as cold as ice
And other times they're actually really nice

They teach us and give us a helping hand
They're forever ready to listen and be a friend
They have built much confidence in us
Just not when they are being really harsh

Over the years of education,
Never have we had so much learning with action
Such as camps, experiments, concerts and activities
We've learnt so much and even saved the trees

A wise teacher once said aloud -
Success is failure turned inside out
So stick to the fight when you're hardest hit
Rest if you must, but don't you quit

Some may see school as a torture chamber
Some cannot wait for the holidays in December
But it depends on how we look at school
Honestly, positively, school is cool!

Submitted by Sabrina Bhinder

One Step at a Time – Sexism

In Social Studies 10, we have been speaking about our own perspectives on the happenings in the past and present. For example, we have spoken about our own feelings regarding the treatment of women, as well as racist issues, environmental issues and human rights issues of the past and present. This page will now be devoted to the thoughts and feelings that the students have shared.

This month the focus is on sexism. In class we have spoken about the fact that it can be as simple as changing the way in which we speak to each other and the words we choose to describe something. Even words that can seem like they mean so little can carry a huge weight. When something is described as *bad*, *weak* or *slow* it is sometimes called ‘girly’ and something that is *strong*, *best*, and *faster* is described as ‘manly’. Speaking like this, we are saying that being a man or boy is better than being a woman or girl. Even by changing something that can seem so small like our language we can have a huge effect on our community and the world.

Ms McDonald

The Underestimation of Women

It’s funny, isn’t it? How the world is progressing but the understanding of women being valued less than men still lingers in the backs of many minds. The truth is, without women, life would be very difficult to live. A perfect example for this is the lives of men and women in the late 1840’s in Canada.

While men rested off their day’s labor at night, the women weren’t done yet. They stayed up late, baking the bannock for the next day’s meal for usually fifteen children each. During the day, women helped in the grain harvest, using sickles and processing all the wool used in the community. Then they came home and started with the cleaning, carding and spinning. Most of their tasks took a great deal of time.

This hasn’t changed very much. Working women aren’t given a minute to rest after their long day of hard work. As her husband sinks into the couch and switches on the TV, the wife is expected to prepare the food for the family, clean up the house and clean up after everyone is done eating.

As seen, women were and are a crucial part of everyday life. Without them, life would be almost impossible. Remarks like “you play like a girl” should be thought about twice before being given. I would like to see them play a game against Mia Hamm! Personally, I wouldn’t mind serving my family the way a woman does today, but all that is wanted is more appreciation and a little less mocking.

Local News translated from Punjabi by Gagandeep

Hospitality industry faces inhospitable terrain

Chandigarh, September 15

The Union Territory estate office's decision to close the basement of Sector 26-based restaurant-cum-discotheque Voodoo the previous Friday for mistreatment of property has started panic within the local hospitality industry. Other commercial organizations being run from basements are also in the direct line of fire.

Echoing similar opinions, JPS Kalra, general secretary, Chandigarh Business Council, says instead of taking strict measures, need-based changes should be allowed. He feels there is a need to adjust the rules. "The basement, which can be used as warehouse under to the rules, can be converted for habitable purposes after paying charges. The clause that forbids makeover at the time of grant of permission keeps the owners or occupiers at bay," he says.

He says the city was planned for a population of three lakh. With the figure crossing 10 lakh now, the question is where will the rest go to earn their livelihood? asks Kalra.

"The old bylaws for commercial properties, formulated according to the working conditions of that time, have become obsolete and new changes are required with changing times," say the businessmen, adding that if people are ready to carry out legal and technical amendments with a prescribed fee, there is no need for such resummptions and increasing number of judicial as well as quasi-judicial cases relating to city commercial property.

Alien From Outer Space *by Sikander*

Are scientists telling the truth? Do aliens really exist? Is there really a place called AREA 51? These are some of questions that still linger in the back of many minds, when it comes to the topic of aliens. This story will tell you the truth.

One moonlit night, there was a rush in Dallas, Texas. Roads were filled with traffic. Something big had crashed in the very streets of Rockwall, the city where it all started. No one could see it because it was invisible. It was a huge and round UFO. From it, came a strange creature. It had a big head, snake-like eyes and tongue. It was purple in color. It wore a skirt made of grey grass from its planet and had one leg and two arms. It was a male. He was alone. He then transformed himself into a human.

When he was walking down the streets like all the other people, he heard a weird sound. He followed the sound, which soon led him into a mall. There, he heard that the sound was coming from right outside the mall, in what was said to be a rock concert. On stage there was a person named Bustin beaver who was singing and dancing. Suddenly, the alien started transforming back to its original form. He ran to the washroom and stared at himself in the mirror.

In the meanwhile, a small kid walked into the concert. As soon as the kid saw the alien, he screamed. The alien shut his mouth and tried to tell him his story. He told the kid that he was an alien from a planet called Sikandland. His parents kicked him off the planet because they found cigarettes in his closet. He had to explain, that alien cigarettes were much more harmful, as they were seven inches long, as thin as a toothpick, and wobbly like jell-o. The kid, having a big heart, understood and took the alien home. The alien and he became best friends in a matter of two days.

After a few weeks of hiding the alien when his mother walked in, or anyone else for that matter, the alien heard a voice in his head. It was his mother. (Aliens used mind-telepathy as a means of communicating). His mother said that she and his father wanted him to come back home. The alien was really sad to hear this. He didn't want to leave his new best friend. He said goodbye to the kid in a high-pitched girly voice, as this was how aliens departed people they loved in Sikandland. He transformed himself back into his normal body and took off into the sky in his invis-

Recipe for four cheese lasagna

- * 1 lb extra lean ground beef
- * 1 chopped onion
- * 1 chopped green pepper
- * 1 jar pasta sauce (700 ml)
- * 1 cup water
- * 2 cups cheese italiano shredded cheese (divided)
- * ½ cup kraft 100% grated parmesan cheese
- * 9 oven-ready lasagna noodles (uncooked)



Method:

Pre heat oven to 400 F.

Cook meat, onions, and peppers in large non stick skillet on medium-high heat until meat is browned and vegetables are tender, stirring occasionally. Add pasta sauce, water, 1 and ½ cups of the shredded cheese and parmesan, mix well.

Layer meat, sauce and noodles alternately in 13x 9 inch baking pan, ending with a layer of sauce. Sprinkle with remaining half cup of cheese. Bake for 30 minute until heated through (160 F).

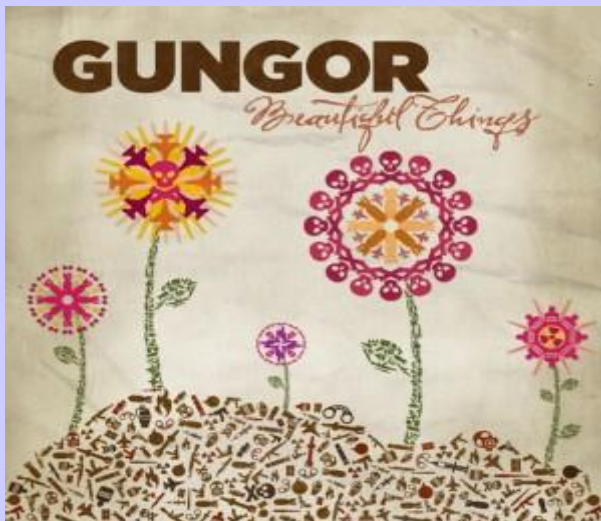
By: Sophie And Hanna.

Music and Entertainment

Beautiful Things song by Gungor

Indie music has been a crowd favorite in recent years. Gungor creates heaven in the listener's ears with gentle voices, sweet music, and incredible lyrics. Although, their music is generally pointed towards God, people of all religious beliefs have come to enjoy their music. With this particular song, Gungor manages to capture the heart and clearly portray the feeling of worthlessness that some people have, and the hope that is present if sought. Michael Gungor relates to the weary, lost soul and weaves the pain to point at the fact that beautiful things can be made out of the useless.

*"You make beautiful things,
You make beautiful things out of the dust.
You make beautiful things,
You make beautiful things out of us."*



Top fifteen songs of the month



Hindi:

1. Teri meri, Meri teri by Rahat fateh Ali Khan and Shreya Ghosal form Bodyguad.
2. Raba mai to mar गया by Rahat Fateh Ali Khan from Mausam.
3. Dhunki by Sundhi Chauhan from Mere Brother Ki Dulhan.
4. Desi Beat by Mika from Bodyguard.
5. Phir mahobat from Murder 2.

Punjabi:

1. Jhooti by Nachatar Gill.
2. Channa by Gippy Grewal.
3. Yaar Bathere by Alfaaz.
4. Shera Di Kaum by Akshhay Kumar and Ludacries from Speedy Singhs.
5. Ni aaja va from Speedy Singhs.

English:

1. Latin Moon by Mia Martina.
2. Ghetto Love by Karl Wolfe ft Kardinal off-ishall.
3. How to Love by Lil Wayne.
4. Fly by Nicki Minaj.
5. Best thing I never Had by Beyonce.

By: Shauntal and Gurjeet.

Drama classroom from a Kid's Point of View View by Sophie Slessor

Fun. Hilarious. Enjoyable. These are just a few words to describe Drama Class. It is one of the best subjects in school. We play lots of drama games to learn skills like improvisation, speaking in front of people, and exaggeration. Instead of sitting down and writing, Ms. Tompson has us playing games, having fun, and ironically, learning while doing so. Drama is truly a lot of fun.



Sports Section

Cricket by Navan

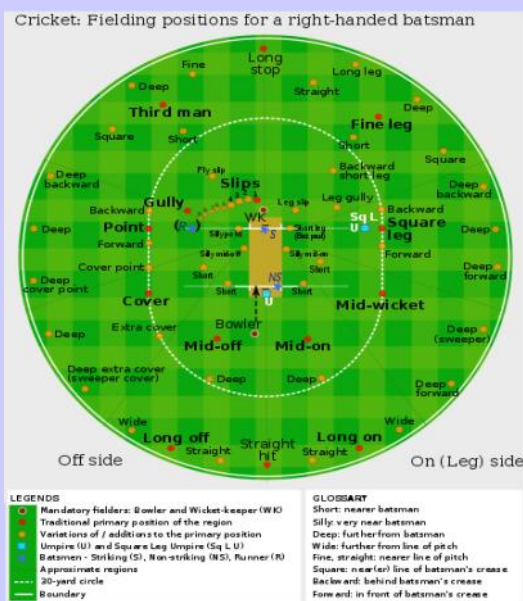


Cricket is a bat-and-ball game played between two teams of 11 players on an oval-shaped field, at the centre of which is a rectangular 22-yard long pitch.

One team bats, trying to score as many runs as possible while the other team bowls and fields. A run is scored by the striking batsman hitting the ball with his bat, running to the opposite end of the pitch, and touching the crease there without being dismissed.

The teams switch between batting and fielding at the end of an innings. The fielding side bowls or pitches to the batsmen trying to make the him/her miss the ball and thus limit the runs scored by the batting team. The duration of a Match can range from two 20 over innings to a 5 day test match.

Cricket was first played in southern England in the 16th century. By the end of the 18th century, it had developed into the national sport of England. The expansion of the British Empire led to cricket being played overseas and by the mid-19th century the first international matches were being held.



During an inning, one team plays defense (*the fielding team*) and the other plays offense (*the batting team*). The two teams switch between fielding and batting after each inning. All eleven members of the fielding team take the field, but only two members of the batting team (*two batsmen*) are on the field at any given time.

The King of the NBA– Rajan Bhullar

Over the past year, we have all been arguing if LeBron is the better player or Kobe. We never got a proper answer to that and Kobe is getting old so he is out of the question. Rising now is Thunder star Kevin Durant. Both are small forwards known by many people around the world. Both have many similarities and differences and great abilities. Durant is known for his unlimited shooting range and LeBron is known for being the most versatile and unstoppable player when on a fast break.

First of all, we can compare them statistically. LeBron is superior to Durant in all stats except for scoring. In points, LeBron averages 27.7 per game for his career and Durant averages 25.9 for his career. So LeBron actually beats Durant in every major statistic. However LeBron has played more seasons so that is maybe why his stats are higher than Durant's.

Next, game strengths and weaknesses. LeBron's strengths are driving, guarding and passing. Durant's strengths are shooting, free throws, and defending. All of these strengths are vital when playing in a game. LeBron's weaknesses are mainly 3-pointers and Durant's weaknesses are passing, and driving. Although their strengths and weaknesses are different, they balance to each other out.

Lastly are situations: when do these stars play at their best? They are both able to take control of a game and flip the scoreboard. LeBron plays better in the first half and best in the third quarter. In the fourth quarter, he usually does not score much, but passes a lot more and does not play as well. Durant plays better in the second and fourth quarters, but does not play too badly in the first and third. The fourth quarter is the most important quarter of the game and that is why Durant may have the slight advantage here.

I personally think LeBron James is the better player, but Durant is the better scorer. LeBron is the more complete and versatile player, but Durant is the better shooter.

These are just two of the NBA's stars. Many may argue that LeBron's teammate Dwayne Wade should be included in this list or maybe Derrick Rose. Those are great players as well, but these two, LeBron and Durant, are the best players overall in all aspects of the game.

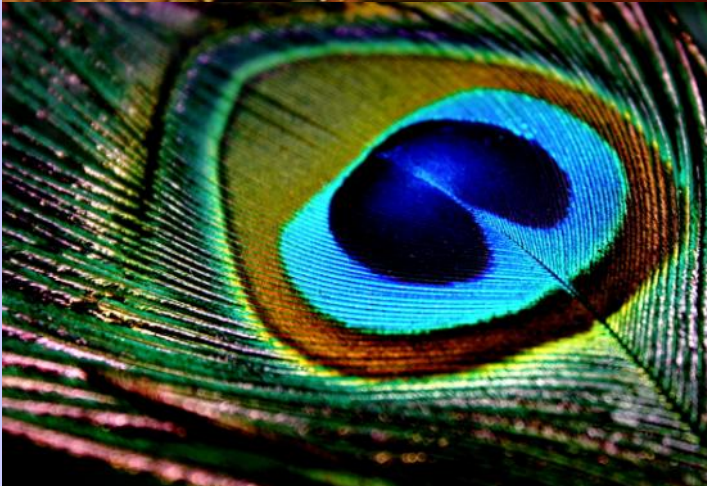


Photography Section

Photography By: Joy Geisinger



Photography By: Imroz Maur



The Eleventh and Last Guru of the Sikhs By Harpal



Amritsar, Punjab's biggest city, was the center of celebrations of the 400th anniversary (Parkash Utsav) of the installation of the Guru Granth Sahib at the Golden Temple, on September 1, 2004. Recently the celebrations took place on September 2nd, 2011.

The Guru Granth Sahib Ji is the holy book of Sikhism and is the eleventh Guru of the Sikhs. The Holy Granth Sahib is treated like a living Guru by the Sikhs and is respected, loved and cared for like the previous living Gurus.

The Adi Granth took five years to complete and was installed in Harmandir Sahib, popularly known as the Golden Temple, on September 1, 1604, with Baba Budha Ji as the first Granthi.

The Guru Granth Sahib was made the last and current Guru of the Sikhs on October 7th 1708 by the tenth Sikh Guru, Guru Gobind Singh Ji. Before his demise, he instructed the Sikhs to treat the Granth Sahib as their next and only Guru. So all in all the Sikhism had 11 Gurus, 10 in human form and then Granth Sahib.

The Guru Granth Sahib is a 1430 page book that is considered by the Sikhs to be sacred source for wisdom and guidance - a spiritual guide for all mankind for all generations to come.

The holy book is a compilation of the actual words spoken by the founders of the Sikh religion (the Ten Gurus of Sikhism) and the words of various other saints from other religions including Hinduism and Islam. This shows that the Sikh Gurus did not separate and divide religion but tried to unite them.

“Sab Sikhian Ko Hukam Hai Guru Manyo Granth “